

FOR THE DECEASED:

- For Lou Chorch,
- For Father John Gorski, pastor emeritus of Holy Trinity [Avon]
- For Merrill Pack, grandfather of MS teacher, Sarah Pack.
- For Lucy Hoban.
- For Mike Ferris ['62]
- For Helen Murawski
- For Andy Hellmuth ['64]
- For Paulette Welch, Sports Information Director at NDCL
- For William Dollard, former Gilmour Trustee
- For John Oberle, Sr., father of John Oberle ['89]
- For Ray Gruss.
- For James Gorman ['53]
- For David Troyer, grandfather of former Executive Chef, Damon Mastnick
- For Ralph Pizhmot
- For Marko Saric, father of Mark ['87] and Nancy ['90] Saric
- For Curtis DeCrane, Uncle of Basketball Coach and Counselor, Dan DeCrane
- For Gil Plavcan, husband of Linda McGraw.

PRAYERS FOR OTHERS:

- For the people of the Ukraine; for an end to the war; and for all people of the world to work more continuously for peaceful resolutions to political and social issues.
- For Thomas ['65] and Carolyn Brigham, and Hannah LeBerteaux ['05], whose homes were destroyed in the Colorado fire.
- For all those suffering from COVID.
- For a family going through a difficult time.
- For an end to violence and racial injustice in our society.
- For a growth in awareness of the blessing of family life.
- For all those struggling with various addictions.
- For an end to sexual abuse and lack of respect for human persons.
- For a greater respect for human life, from the moment of conception until natural death.
- For all caregivers.
- For all service men and women serving our country, and for their families.
- For a greater awareness of our call to create a more humane and just society.

NOVENA TO BLESSED BASILE MOREAU:

Blessed Basile Moreau was the founder of the Congregation of Holy Cross, to which Fr. John and the Brothers at Gilmour belong. We have two booklets with Novenas to Blessed Basile Moreau. One is used for a personal intention or healing; the other is used when praying for the intention or healing of someone other than yourself. The Novenas were composed by Father Thomas Looney, C.S.C. Many have received blessings and healings through the intercession of Blessed Basile Moreau, and now we want to extend this invitation to you and your family. Please see Father John and he will be glad to give you the booklets.

**AN IMPORTANT LESSON:**

You get the best out of others when you give the best of yourself.

—Harvey S. Firestone

Our Lady Chapel



Our Lady Chapel is a Roman Catholic community founded in the love of the Father, centered in Christ, and rooted in the Holy Cross tenets of building family and embracing diversity. We are united in our journey of faith through prayer and sacrament, and we seek growth through the wisdom of the Holy Spirit in liturgy and outreach, while responding to the needs of humanity.

LENTEN NOTES:

The season of Lent begins on Wednesday, March 2nd. During this sacred time, each of us is called to spiritual growth — particularly through a turning away from sin. Lent is a time for “new beginnings” — a time to grow in our relationship with God and each other. There are 3 major spiritual practices during Lent to which Scripture calls us: **prayer, fasting, and almsgiving.**

—ASH WEDNESDAY:

All Masses on **Wednesday, March 2nd** will be live-streamed. Attendance for the Chapel Community will be at the **5:30 PM Mass only.**

9:25 AM [attendance on for Middle and Upper School only]

1:45 PM [attendance for Lower School only]

5:30 PM [open attendance].

Ashes will be distributed at each of these Masses; all Masses will be in the main chapel. Please feel free to attend any of the Masses on this day which are convenient for you.

**—LENTEN REGULATIONS:**

Ash Wednesday and **Good Friday** are days of **fast** for all between the ages of eighteen and fifty-nine. Fasting means that one full meal for the day is allowed, along with two light meals [snacks]. No eating between meals. Those not included in these “ages” are encouraged to take upon themselves some aspects of the fast, whenever possible.

Ash Wednesday and **All Fridays** during Lent are days of **abstinence** from meat, for those who are fourteen and older. Again, those not included in these “ages” are encouraged to participate whenever possible.

PROGRAM AVAILABLE TO CHAPEL FAMILIES:

Through a grant, the Diocese of Cleveland has obtained the wonderful spiritual program called **FORMED**. We are able to participate in this program through St. Francis of Assisi Parish since we lie within their boundaries. **FORMED** has many aspects to it. You can prepare for Sunday Mass by watching an insightful five-minute video by renowned Catholic teachers; you can enjoy a movie with your family that is both nourishing and entertaining; you can enrich your marriage with the award-winning video series *Beloved: Finding Happiness in Marriage*; you can help your children grow in character and embrace the beauty and wonder of the Faith; and many more.



FORMED provides amazing content 24/7 for you to grow in your faith. **It's free and easy to register.** Go to stfrancisgm.formed.org, click “Register” and enter your name, email address, and desired password; if you have previously registered with **FORMED**, you will need to know or update your password. You can only enter **FORMED** this way. Once you are logged in, you can download the app from the App Store or Google Play

SACRAMENT OF RECONCILIATION:

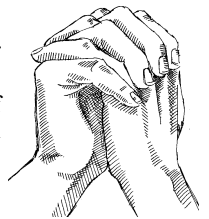
Father John is available to celebrate the Sacrament of Reconciliation with you. Please call him [440-473-3560] to arrange for this experience. All social distancing will remain in place. Always remember the Lord's invitation: “I will give them a heart with which to understand that I am the Lord. They shall be my people and I will be their God, for they shall return to me with their whole heart” [Jeremiah 24:7].

**PRAYER REQUESTS:**

Jesus calls us to pray for one another. Please keep all these people in your prayers.

PRAYERS FOR THE SICK:

- For Paula Fitzgerald, campus Minister at Ursuline College, who is recovering from knee surgery.
- For Jackie Puntel, sister of Maureen Wahl, who is critically ill with COVID
- For Renee Mills, Wife of Gary Mills, sister-in-law of John Mills, and aunt of Morgan Coverse ['11], who is undergoing treatment for colon issues.
- For Eric Penick ['71] who is recovering from surgery.
- For Thomas Hughes, who is in rehab for injuries sustained in a fall.
- For Frank Nannicola, grandfather of Cassie ['17], Frank ['18], and Mia ['19] Nannicola, who is undergoing treatment for cancer.
- For John Visconsi, brother of Tom ['61] and Tony Visconsi ['75] and Paulette Poklar, who is undergoing treatment for cancer.
- For William Rogal, father of Jill Thompson, who is undergoing rehab following surgery
- For Cassandra Williams ['15], sister of Sebastian Williams ['18] who is undergoing treatment for inoperable cancer.
- For Vicki Giancola, mother of Vince Giancola ['23], who continues treatment for cancer.
- For Joseph Borkey ['82], brother of Jeff ['80] and Jerrod ['87] Borkey, father of Christian Borkey ['16], and uncle of Jerrod ['12] and former Gilmour student, Ian Borkey, who is undergoing treatment for cancer
- For Mary Goers who is undergoing treatment for pancreatic cancer.
- For Serena DiCillo, daughter of David DiCillo ['84] and Polly Duval DiCillo ['84], and granddaughter of long-time Gilmour teacher, Bonnie DiCillo, and niece of John ['83], Dawn ['86], and Dan ['88] DiCillo and Laurie Duval Muller-Girard ['81], who is recovering from a bone marrow transplant
- For Mary Curran, mother of Megan ['10], Carolyn ['12], and Catherine ['17] Curran, who is undergoing treatment for cancer.
- For Addison McKito, sister of Aidan McKito ['24], who is undergoing treatment for Hodgkin's Lymphoma.
- For Darlene Lonardo, mother of Joseph Lonardo ['00], and grandmother of Angelina ['22] and Giana ['22] Lonardo, who is undergoing treatment for leukemia.
- For Christine Maharg, mother of Lily Maharg ['21], who is seriously ill with cancer.
- For Margaret Malarney ['24] who continues rehab and medical care.
- For Bernice Girgash, aunt of Basketball Coach and Counselor, Dan DeCrane, who is undergoing treatment for cancer..
- For Karuna Singla, Sister-in-law of Science teacher, Neena Goel, aunt of Nikhil ['13] and Nupur ['17] Goel, who is undergoing treatment for bone cancer.
- For Melita Chiacchiari, mother of Mark ['94], mother-in-law of Michelle DeBacco ['96] who is undergoing further treatment for cancer.
- For Mike Heryak, husband of Janet, father of Lillian ['09], Rosa ['12] and Edwin ['17] Heryak, who is seriously ill
- For Tom Podnar, father of Lower School art teacher, Eileen Sheehan, who is awaiting a heart transplant.
- For Father James Caddy, former pastor of St. Francis, who is undergoing treatment for cancer.
- For Paul Tuggey, grandfather of Charlie Tuggey ['21], seriously ill following a heart attack.



HARVEST FOR HUNGER and THE CLEVELAND FOOD BANK:

This year’s Harvest for Hunger campaign is more important than ever. Living through a pandemic has created unthinkable hardships for many Northeast Ohio neighbors, children, and families. In addition to easing the burden of tough choices these people have to make — like choosing between paying for groceries or paying to heat their homes., the Harvest for Hunger Campaign provides the gift of security and hope at a time when it is needed most.

The Greater Cleveland Food Bank has been very grateful for the outpouring of support we’ve received from the community in response to COVID-19. This crisis has exacerbated the situation for so many families who were already struggling. Even though we don’t know what the future will hold, we know that it will take months and even years for our clients and community to recover. With your support, the Food Bank and our agency partners will be here for the long haul.



Beginning next Sunday, and continuing throughout the campaign, we will be collecting food items. Here is a list of food items that the Foodbank needs — Beans, Peanut Butter, Canned or Boxed Entrees, Pasta Sauce [low sodium please], 100% Juice, Cereal, Canned Protein [Tuna or Chicken], Whole Grain Rice and Pasta, and Canned Fruits and Veggies. **Place the items you bring in the boxes in the Narthex and we will take care of them from there. Cash donations may also be made. Please put them in the collection baskets at the door of the chapel and make sure that the envelope is clearly marked toward this purpose.**

READINGS FOR THE WEEK:

- Monday:** 1 Peter 1:3-9, Mark 10:17-27
- Tuesday:** 1 Peter 1:10-16, Mark 10:28-31
- Wednesday:** Joel 2:12-18, 2 Corinthians 5:20-6:2, Matthew 6:1-6, 16-18
- Thursday:** Deuteronomy 30:15-20, Luke 9:22-25
- Friday:** Isaiah 58:1-9a, Matthew 9:14-15
- Saturday:** Isaiah 58:9b-14, Luke 5:27-32
- 1st Sunday of Lent:** Deuteronomy 26:4-10, Romans 10:8-13, Luke 4:1-13

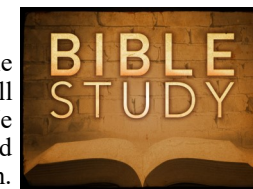
LIFE TEEN and EDGE:

Our Life Teen and EDGE youth group is meeting in-person again. We will meet for an hour beginning at 11:30 AM following our 10 AM Sunday Mass in the Lennon Board Room. If you are unable to join us, there are many resources available for you on the Life Teen website — lifeteen.com. There are numerous blogs and videos for you to connect with. The Life Teen national office continues to release many new programs. **Please contact Father John for more information. And please join us each Sunday for our Mass at 10 AM — in person or live-streamed, and then come to our Life Teen/EDGE gathering after Mass.** And above all, let us continue to join each other in prayer. **Father John is available for you. Please contact him [cell: 216-570-9276].**



NEXT BIBLE STUDY — TUESDAY, MAR. 9th:

Our next Virtual Bible Study will be on Tuesday, March 9th at 6:30 PM. Bible Study continues to meet bi-weekly. The Bible Study is open to everyone — all middle and high school students, college students, young adults, and all adults. We will all come together to be enriched by God’s word. It’s a great time, and a good witness of our faith to others. If you can’t come at 6:30, come when you can. Gather your favorite snack and/or drink, but be prepared to be nourished on God’s word. **Our topic for this Bible Study will be: The Mystery of the Ark of the Covenant.**



If you text or email Father John [blazekj@gilmour.org] he will send you the zoom link and password. This is an important step to prevent negative intruders.

We also need your help — we need future topics. **So, if you have a topic that you would like us to discuss, please let Father John know.** Mark your calendars and be part of this wonderful activity that will deepen your spiritual journey. **We will meet every other week — topic to be decided at the end of the previous meeting.** Join us. You’ll have a blast, and celebrate your faith along the way..

SCHEDULE FOR THE WEEK:

Sunday, February 27: 8 th Week in Ordinary Time	10:00 AM In Person & Live Stream
Monday, February 28:	NO MASS
Tuesday, March 1: Chair of St. Peter	NO MASS
Wednesday, March 2: Ash Wednesday	9:25 AM [Upper-Middle only] 1:45 PM [Lower School only] 5:30 PM [Community]
Thursday, March 3:	NO MASS
Friday, March 4	NO MASS
Saturday, March 5: 1 st Week in Lent	NO MASS
Sunday, March 6: 1 st Week in Lent	10:00 AM In Person & Live Stream

CAMP GILMOUR 2022:

Camp Gilmour is back and safer than ever. With nine weeks of new offerings and old favorites for children as young as 3, Camp Gilmour has something for everyone! Join us for Preschool Camp [ages 3-5]; Day Camp [ages 5-12]; sports camps; and experiential camps exploring the fine and performing arts, drones, outdoor adventures, service, engineering and more. **Camps offered June 6-August 5.** Complimentary math and reading enrichment offered each morning for day campers. Before Care available beginning at 7:15 AM and After Care available until 6 PM. Register today at gilmour.org/summercamp. 10% discount available thru February 28th.



HOW TO LIVE YOUR LENT WITH PURPOSE:

“What are you giving up for Lent?” For years, this question defined what Lent was all about for me. Sure, at an intellectual level, I could have told you that Lent existed to spiritually prepare us for Easter. But at a real, day-to-day level, Lent was just about giving something up for forty days. That something was usually chocolate. Every year, without fail, Lent would catch me unprepared, and I would make the same half-hearted commitment to give up chocolate — which definitely didn’t extend to the completely different food groups of chocolate ice-cream and/or chocolate-chip cookies. Then when Easter Sunday came around I would mentally congratulate myself and celebrate by devouring a chocolate egg twice the size of my head. Another Lent successfully completed.

It wasn’t until my final year of High School that my perspective on Lent changed dramatically. I was attending Mass on Ash Wednesday, lined up behind my classmates to receive the ashes on our foreheads. As I reached the front of the line, the priest made the sign of the cross on my forehead in ashes and said ten words I’ve never forgotten: “Turn away from sin and be faithful to the gospel.”

I was brought up Catholic, so I’ve been hearing these words every Ash Wednesday since before I could even remember. But for some reason, at that Mass, it was like I was hearing them for the first time — “Turn away from sin and be faithful to the gospel.”

Not only do these words mark the beginning of Lent, they also reveal its purpose. Lent isn’t about giving up chocolate, or ice-cream, or social media. At its heart, Lent is about turning away from sin, and being faithful to the gospel.

Now, I don’t know if you’ve tried turning away from sin and being faithful to the gospel, but let me tell you, it doesn’t happen instantly. No one achieves Mother-Teresa-level-holiness overnight. It’s a journey — but so is Lent! Lent is 40 days long for this reason. It echoes the 40 days that Jesus spent in the desert, fasting and preparing for his public ministry [see Luke 4:1-12]. In a similar way, Lent is meant to be a time of preparation for us, where we grow in our relationship with God.

How do we make Lent a time of preparation? Well, for me it started when I decided that instead of giving up the same thing every year, I would actually try to live my Lent with purpose. There are three areas in particular that the Church teaches we should try to grow in over these 40 days — prayer, fasting and almsgiving.

Prayer. It’s no accident that prayer is first on that list. We often get pre-occupied with the “fasting” part of Lent, which focuses on giving something up, but Lent is first and foremost about our relationship with God. In the book of Hosea, God tells His people “I desire steadfast love and not sacrifice, the knowledge of God rather than burnt offerings” [Hosea 6:6]. Above all else, God desires that we love him and know him.

Realizing this was a big turning point for me. After my “turn away from sin and be faithful to the gospel” moment, I decided that rather than giving up chocolate for Lent, I would commit to praying every day instead. We had a chapel at my high school, so every morning before classes began, I would go and spend 15 minutes in prayer.

Once, when Mother Teresa was asked how she prayed to God, she said: “I look at Him and He looks at me.” That was my model for these 15 minutes of prayer each day. It wasn’t about having a deep emotional experience or saying a certain number of Hail Mary’s — it was just about spending time with God.

At times it was a difficult commitment to keep. But after 40 days of starting each morning with prayer, I didn’t want to stop. Even now, six years later, the commitment I made that Lent still has an

impact on my life. Every morning, when I force myself out of bed, one of the first things I do is spend time in prayer.

Fasting. As early as 200AD — before Lent was even called “Lent” — the early Church would give things up, or “fast”, in preparation for Easter. Fasting has always been recognized as a powerful tool for building self-discipline and helping us to resist temptation.

However, there are a couple of ways that we can get fasting wrong during Lent. The first is that we don’t take fasting seriously enough. This was me with chocolate. At the most, giving up chocolate for Lent was a minor inconvenience. It didn’t challenge me and it certainly didn’t help me grow in my faith. The other way we get fasting wrong is by taking it too seriously. I’ve been guilty of this one as well. A couple of years after making my commitment to pray for 15 minutes every morning, I decided it was time to up the stakes. I was going to give up hot showers.

The first few days went well. Each morning, I would force myself under the freezing stream of water and emerge feeling perceptibly holier — like a hermit who had renounced worldly wealth and would only bathe under icy waterfalls. There was just one problem — it was all about me. My commitment to cold showers very quickly became about my sacrifice, my strength of will and how holy it made me feel. I managed to completely miss the point of Lent — growing in my relationship with God.

When Jesus is fasting in the desert, he is tempted several times by the Devil. In the last of these temptations, the Devil leads Jesus up a mountain and shows him all the kingdoms of the world [see Matthew 4:8-10] — “All these I will give you”, the devil says, “if you fall down and worship me.” Yet Jesus responds “It is written, ‘Worship the Lord your God and serve only him’.”

There’s nothing wrong with giving up chocolate or hot showers, but here’s a question that might help you fast with more purpose this Lent — is there anything in your life that is stopping you from worshipping God and serving only Him?

Do you struggle with greed — always feeling like you have to own the latest pair of kicks or newest piece of technology? Fast from making unnecessary purchases. Do you gossip — saying negative things about people behind their backs? Fast from making such comments. Affirm people instead. Use fasting to break free from anything that is holding you back in your relationship with God.

Almsgiving. Last of the three is giving to others, or “almsgiving.” If you’re anything like me, it also might be the last of the three on your priority list. I pray every day, I try to fast in different ways each Lent, but the truth is, I’m not great at almsgiving. I’m not great at giving up my money or my time — especially when it means giving until it hurts.

Yet Jesus makes it clear that almsgiving is a core part of what makes us His followers. When He speaks to his disciples about feeding the hungry, welcoming the stranger, clothing the naked and visiting the lonely, he leaves them with the words “just as you did it to one of the least of these, you did it to me” [Matthew 25:40].

Too often, I think the typically Catholic approach to giving is that when we see the collection plate slowly making its way to us at Sunday mass, we reach into our pockets and whatever loose change we pull out, we give. If you want to approach almsgiving with purpose this year, be thoughtful about what you give. It might be donating to a charity you know is going great work, volunteering at a local outreach center, or visiting the elderly at a rest home. Whatever it is, make a commitment and stick to it.

Purpose. One final thing about prayer, fasting and almsgiving — they aren’t exclusive to Lent! The purpose of the commitments you make over these 40 days isn’t to drop them the moment Lent is over. They’re meant to be a solid foundation for living out your faith every day!

Lent is an incredible opportunity to start — or re-start — practices that take you deeper in your relationships with God and with the people around you. Don’t miss that opportunity. Live your Lent with purpose.

—taken from the writings of Sam Brebner, a college student.

