

**CLOSING PRAYER:**

**~ A Prayer to Begin Lent ~**

God, heavenly Father,  
look upon me and hear my prayer  
as I prepare to begin this holy Season of Lent.  
By the good works you inspire,  
help me to discipline my body  
so as to be renewed in spirit.

Without You I can do nothing.  
By Your Spirit help me to know what is right  
and to be eager in doing your will.  
Teach me to find new life through penance.  
Keep me from sin, and help me live  
by your commandment of love.  
God of love, bring me back to you.  
Send Your Spirit to make me strong  
in faith and active in good works.  
May my acts of penance bring me your forgiveness,  
open my heart to your love,  
and prepare me for the coming feast  
of the Resurrection of Jesus.

Lord, throughout this Lenten Season,  
keep me faithful to the Gospel of Jesus.  
Nourish me with the body and blood of Jesus in the Eucharist.  
Make me one with you in love and prayer.

Father, our source of life,  
I reach out with joy to grasp your hand;  
let me walk more readily in your ways.  
Guide me in your gentle mercy,  
for left to myself I cannot do your Will.

Father of love, source of all blessings,  
help me to pass from my old life of sin  
to the new life of grace.  
May I live all my days in the glory of your Kingdom.  
Amen.

**CAMPUS MINISTRY OFFICE:**

The Campus Ministry Office is located in **Our Lady Chapel**.  
phone: [440] 473-3560 [office] or 216-570-9276 [cell].  
e-mail: blazekj@gilmour.org

# Our Lady Chapel



*Our Lady Chapel is a Roman Catholic community founded in the love of the Father, centered in Christ, and rooted in the Holy Cross tenets of building family and embracing diversity. We are united in our journey of faith through prayer and sacrament, and we seek growth through the wisdom of the Holy Spirit in liturgy and outreach, while responding to the needs of humanity.*

**WELCOME TO THE INDOOR CHAPEL PICNIC:**

Our annual Chapel Indoor Picnic is this weekend — **Sunday, February 19<sup>th</sup>**. The picnic will be held in the Commons from right after Mass until 1:15 PM. Chicken paddies, potato salad, fruit salad, and paczki, will be provided, as well as coffee and soft drinks. There will also be some pot luck items which others may bring. Come and enjoy family and friends. **Even if you have not pre-registered, join us for a fun filled several hours.**

**LENTEN NOTES:**

The season of Lent begins on Wednesday, February 22<sup>nd</sup>. During this sacred time, each of us is called to spiritual growth — particularly through a turning away from sin. Lent is a time for “new beginnings” — a time to grow in our relationship with God and each other. There are 3 major spiritual practices during Lent to which Scripture calls us: **prayer, fasting, and almsgiving.**

**—ASH WEDNESDAY:**

Wednesday, February 22<sup>nd</sup>. Mass schedule for Wednesday will be as follows:

**8:00 AM** [Upper School] — not open to public

**9:30 AM** [Lower School]

**2:00 PM** [Middle School]

**5:30 PM** [Community Mass].

Ashes will be distributed at each of these Masses; all Masses will be in the main chapel. Please feel free to attend any of the Masses on this day which are convenient for you.

**—LENTEN REGULATIONS:**

Ash Wednesday and Good Friday are days of **fast** for all between the ages of eighteen and fifty-nine. Fasting means that one full meal for the day is allowed, along with two light meals [snacks]. No eating between meals. Those not included in these “ages” are encouraged to take upon themselves some aspects of the fast, whenever possible.

Ash Wednesday and All Fridays during Lent are days of **abstinence** from meat, for those who are fourteen and older. Again, those not included in these “ages” are encouraged to participate whenever possible.

**FAITH EDUCATION:**

Faith Education meets next on Sunday, February 26<sup>th</sup> and then again on Sunday, March 5<sup>th</sup> at 8:45 AM. There are no classes on Sunday, February 12<sup>th</sup> [Super-Bowl Sunday] or February 19<sup>th</sup> [Presidents’ Day]. As has been our custom in the past, our Faith Education Classes are followed by our 10 AM Mass which is held in the chapel. **If you have any questions, please contact Patty in the Chapel Office [440-473-3560].** Thank you.

**2022 CONTRIBUTION STATEMENTS:**

If you would like a copy of your 2022 Contributions to Our Lady Chapel, please call the chapel office [440-473-3560] and we will be glad to send it out to you. Since many have their own records and do not need to receive this statement, we have found that this is much more economical for us — as good stewards, we are trying to cut postage expenses from a mass mailing. Let us know if you need the statement sent to you and we will be glad to get it to you. Thanks for your understanding.

**A WAY OF LIFE:**

When you pray, God listens. When you listen, God talks. When you believe, God works.

**PRAYER REQUESTS:**

Jesus calls us to pray for one another. Please keep all these people in your prayers.

**PRAYERS FOR THE SICK:**

- For Chuck Shade, father of Loren Shade, grandfather of Michael, Madeline, and Charles Shade, who is in rehab following injuries sustained in a fall.
- For Rick DeBacco [‘99], brother of Michelle DeBacco Chiacchiarri [‘96], uncle of Aurelia [‘28], and Olivia [‘30] Chiacchiarri, who is undergoing treatment for pancreatitis.
- For Brother Walter Gluhm, C.S.C., who is under to care of hospice.
- For Susan Vance-Johnson, sister of Chief Advancement Strategy Officer, Ray Murphy, who is undergoing treatment for pancreatic cancer.
- For Bob Wolfe, who is undergoing treatment for serious health issues.
- For Don Glover, who is critically ill resulting from an infection.
- For Mel Weltle, Sr., grandfather of Hannah [‘21] and Trevor [‘24] Weltle, who is undergoing treatment for liver cancer.

**FOR THE DECEASED:**

- For Duwayne Sloan, grandfather of Zinyah George [‘26]
- For Michael Butz [‘82], brother of David [‘80] and Gerald [‘84] Butz, and Catherine Butz Hughes [‘87]
- For James Puette [‘59], brother of Thomas [‘61] and William [‘65] Puette.
- For Pat Malak
- For Philip Lunchar
- For Lois Mathias.
- For David Hampton
- For Howard Bullips, grandfather of Briana Redmon [‘24]
- For James Maruna, grandfather of Johnny Maruna [‘24]
- For Father Brad Beaupre, C.S.C.
- For Shawn Cross.

**PRAYERS FOR OTHERS:**

- For the victims of the earthquakes in Turkey and Syria; also for their families and all the first responders.
- For the Holy Cross Religious in Haiti, and for the people of that country, which is under siege because of political and civil strife.
- For a family going through a difficult time.
- For an end to violence and racial injustice in our society.
- For an end to sexual abuse and lack of respect for human persons.
- For a greater respect for human life, from the moment of conception until natural death.
- For all caregivers.
- For all service men and women serving our country, and for their families.
- For a greater awareness of our call to create a more humane and just society.

**LIVING WITH CREATION:**

Knowing that you love the earth changes you, activates you to defend and protect and celebrate. But when you feel that the earth loves you in return, that feeling transforms the relationship from a one-way street into a sacred bond.

—Robin Wall Kimmerer

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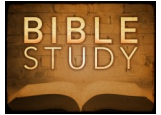
**PRAYERS FOR THE SICK:**

- For Brother Dan Kane, C.S.C., long-time Brother in Residence here at Gilmour, who is undergoing medical treatment for health issues
- For Bill McGinley, father of Chief Academic Officer, Elizabeth Edmondson, and grandfather of Mollie [\*21] and Abby [\*23] Edmondson, who is hospitalized with a serious infection
- For Laurie Lozier, sister of Fathers Bill and Jim Lies, C.S.C, who has been diagnosed with an aggressive form of dementia.
- For Kim Clark, who is undergoing treatment for an aggressive form of cancer.
- For James Routhier, husband of Grace O'Rourke Routhier [\*08], who is recovering from brain surgery.
- For Beverly Jacklitch, mother of Kitchen Associate, Susan Jacklitch, who is undergoing treatment for cancer.
- For Paula Smith, mother of Tyler [\*10] and Alec [\*13] Smith, who is undergoing treatment for cancer.
- For Jacqueline Schmidt, [\*13], Lower School toddler instructor, who is recovering from foot surgery.
- For Findley Stay, husband of former Gilmour Instructor, Emily Stay, father of Allen Stay [\*87], who is undergoing treatment for a serious blood disorder.
- For Andy Andino, Sr., father of Music Director, Andy Andino, who is undergoing treatment for cancer.
- For Jill Shemory, mother of Adam [\*08], who is undergoing treatment for cancer.
- For Carol Lowen, mother of Denise Shade, grandmother of Madeline, Michael, and Charles Shade, who is undergoing treatment for Breast Cancer.
- For Sue Elliott, who is critically ill with complications of Parkinson's Disease.
- For Cameron Monesmith, who is recovering from Brain surgery
- For Baylea O'Brian, friend of former Gilmour Teacher, Erin Thompson, who is undergoing treatment for Hodgkins Lymphoma
- For Walter Carey, who is undergoing treatment for leukemia.
- For Carol Triplett, sister of Linda McGraw, who is undergoing treatment for cancer.
- For Judy Collins, aunt of Chief Academic Officer, Elizabeth Edmondson, great-aunt of Mollie [\*21] and Abbie [\*23] Edmondson, who is undergoing treatment for brain cancer.
- For Marina McCarter, grandmother of Aaron [\*25] and Mason [\*28] McCarter, who is ill
- For Michael Bares, brother of James [\*80] Bares and Religion Instructor, Eileen Pryatel, uncle of Michael [\*08, Meghan [\*13], and Kevin [\*15] Pryatel, who is recovering from cancer surgery.
- For Susan Plavcan, sister-in-law of Linda McGraw, who is undergoing treatment for cancer.
- For James Law, husband of LS resource associate, Elana Law, who is undergoing treatment for non-Hodgkin's lymphoma
- For Fletcher Linsz, brother of Logan Linsz [\*26], who is undergoing treatment for Hodgkin Lymphoma.
- For Michael Nestor [\*98], who is undergoing treatment for a rare form of cancer.
- For Bernice Girgash, aunt of Basketball Coach and Counselor, Dan DeCrane, and great-aunt of Mackenzie DeCrane [\*36], who is undergoing treatment for cancer..
- For Melita Chiacchiari, mother of Mark [\*94], mother-in-law of Michelle DeBacco [\*96], grandmother of Aurelia [\*28], and Olivia [\*30] Chiacchiari, who is undergoing further treatment for cancer.
- For Mike Heryak, husband of Janet, father of Lillian [\*09], Rosa [\*12] and Edwin [\*17] Heryak, who is seriously ill.



**NEXT BIBLE STUDY — THURSDAY, FEBRUARY 23<sup>rd</sup>:**

**Our next Virtual Bible Study will be on Thursday, February 23<sup>rd</sup> at 6:30 PM.** Bible Study continues to meet bi-weekly. The Bible Study is open to everyone — all middle and high school students, college students, young adults, and all adults. We will all come together to be enriched by God's word. It's a great time, and a good witness of our faith to others. If you can't come at 6:30, come when you can. Gather your favorite snack and/or drink, but be prepared to be nourished on God's word.



**Our topic: The Cross**

We also need your help — we need future topics. **So, if you have a topic that you would like us to discuss, please let Father John know.** Mark your calendars and be part of this wonderful activity that will deepen your spiritual journey. **We will meet every other week — topic to be decided at the end of the previous meeting.** Join us. You'll have a blast, and celebrate your faith along the way..

**SCHEDULE FOR THE WEEK:**

Sunday, February 19: 7 <sup>th</sup> Week in Ordinary Time	10:00 AM In Person & Live Stream
Monday, February 20:	Check with Office for time
Tuesday, February 21:	Check with Office for time
Wednesday, February 22: Ash Wednesday	8:00 AM [Upper]—not open to public 9:30 AM [Lower] 2:00 PM [Middle] 5:30 PM [Community]
Thursday, February 23:	Check with Office for time
Friday, February 24:	Check with Office for time
Saturday, February 25: 1 <sup>st</sup> Week in Lent	5:00 PM In Person
Sunday, February 26: 1 <sup>st</sup> Week in Lent	10:00 AM In Person & Live Stream

**ST. ADALBERT SCHOOL SUPPORT CONTINUES:**

Student enrollment at St. Adalbert School has doubled. The need for ongoing support is important — especially at this time. **Therefore we have decided to continue to support for school supplies, responding to their monthly needs.** Any and all quantities of these supplies are welcome!.



Here is how you can be a part of this outreach. Simply shop for items on the list. Kindly **return the items** whenever you come to Our Lady Chapel. **If you do not have time to shop, simply place an envelope in the collection basket and mark it "St. Adalbert's" or drop it off in the chapel office.** Together, we work and plant our seeds of hope and goodness to this community. Thank you in advance for your generosity and helping the children of St. Adalberts! Contact Patty in the Chapel Office [440-473-3560] if you have any questions.



**A REFLECTION ON THIS WEEK'S THEME:**

Normally, the 7<sup>th</sup> Week in Ordinary time is one of those “skipped weeks” because of the timing of Lent. But this year, we will be treated to a weekend liturgies that we don’t normally get to see. Matthew’s Gospel reading for this weekend continues a reflection on Jesus’ Sermon on the Mount [Matthew 5:38-48]. And in Jesus’ teach is this famous line: “Be perfect as your heavenly father is perfect.” And when we see this, we immediately think that God is asking something of us that is impossible.

The problem is with the word: perfect. Is the definitely of “perfect” what the world sees as perfect, or is it how God sees the word “perfect”? But we are getting ahead of ourselves. We are called to be perfect, just as your heavenly Father is perfect (Matthew 5:48), but I am not capable of being as holy or as perfect as God.

While the wisdom of the world sees perfection as a laudable trait, the reality is that seeing perfection as a goal can make someone feel so miserable. Perfectionists set unreasonable standards for ourselves and others — which often results in anxiety, fear of failure, procrastination, and damaged self-esteem whenever those unrealistic, self-set expectations are not met. In fact, perfectionism runs counter to how our relationship with God should be, because it misleads the perfectionist into thinking our worth comes from our own accomplishments and abilities, when really our worth comes from our faith in Christ. In reality, the world’s view of being perfect is foolishness in the eyes of God — “Do not deceive yourselves. If any one of you thinks that you are wise in a worldly way, you had better become a ‘fool’ so that you will be really wise. For the wisdom of this world is absurdity with God” [1 Corinthians 3:16-23].

So instead of focusing on an ill-defined sense of “perfect,” let us look to how our heavenly Father is perfect to get a better idea of how we are called to live. Thankfully, our loving and merciful Lord gives us some positive ways to focus our energies. Love your neighbor as yourself is a great start, and then Jesus extends that with love your enemies. Jesus then tells us to pray for our adversaries — which may seem hard but has the wonderful result of changing our own hearts so that we no longer consider them our enemies.

The author of the Book of Leviticus [19:1-2,15-18] tells us that Moses calls us to a way of life that needs to correspond to our way of worship — God is “holy” and those who will be in communion, or in close relationship with God, will live the laws and customs of the people — we will live justly and tenderly our call from God.

At the heart of this way of life is the Ten Commandments — particularly those commandments which refer to relating respectfully with each other. These invitations reveal God’s holiness to us, and how God shares this holiness with us. In a sense, God is saying: “Do as I do.” God’s holiness is displayed as loving — not bearing hatred — though there might be times for reproof. God is not vengeful, so do not take revenge nor hold grudges. Holiness is revealed through loving actions — both on the part of God and the people of God.

Matthew’s Gospel [5:38-48] concludes Jesus’ Sermon on the Mount. It is here that we encounter that strange request of Jesus are to be as “perfect as God is perfect”. Jesus’ exhortations are certainly tough enough — turn the slapped cheek to receive one more, go the extra mile of service, offer no resistance to an evil person — these are demanding and most often, impossible. But “be perfect as God is perfect” — this is a bit much! Could God — Who allows sun and rain to bless the fields of our enemies — truly be this way? God can do these things because of God is being perfect — of course. But us?

The first of the Ten Commandments may have been composed by God and presented by Moses to be a real downer. How does — how can — a person love God with all one’s soul and heart? How easy it would be for us to say to ourselves: “this first one is way too much, so the other nine are not worth



keeping either”.

The thing of being perfect as God can be read in a similar way. Perfection is what God is; imperfection is what we are. Does Matthew have Jesus end his sermon with a stern depressing spiritual impossibility? We have read that we are “salt” and “light” — both good things; but these are hard sayings; how are we to hear them and take them to heart and hands?

Jesus here is not changing the Law when He says that His listeners have “heard it said” in the Law. Actually, He is intensifying the dramatic nature of just how God desires us imperfect humans to act toward one another in community. The Jewish people knew themselves to be special and distinctly separate from the “pagans”. Jesus’ followers are to live more intently the spirit of the Law which He — Jesus — incarnates. In short, Jesus is telling His disciples that they are to be “light” and “salt” in as truest ways as possible. There is exaggeration and hyperbole meant to attract attention, and to be remembered by these people of the oral tradition. For us, who follow Him now, we are to remember who we are, and act accordingly.

Perhaps the “pagan” is the side of each of us which demands revenge, severity, “quid-pro-quo” exchanges — a love which is demanding and predicated on expectations surpassed.

A father took a walk with his son recently. They passed a young homeless man asking for money. The two walked by the man, but the nine-year-old looked up at his dad and asked why the father had not given some money to the lad. So, the father gave the son two dollars to return and give to him. Upon returning the lad asked what it meant to be homeless. When the father told him, the little fellow replied that they could have him live with them in their house. The father said that there wasn’t any room for the man in their house. The lad noticed they were passing a large hotel. The youngster figured out that there would be lots of room in the hotel; why didn’t they fix it so the homeless man would be okay?

The father was being slapped on one cheek and had to turn the other. The Gospel calls all of us, and we can’t help but feel the tension to which Jesus calls us. We all have the same good desires as the little boy. We all have felt the “pagan” side of us as well. We all would want that there be no more homeless on our streets, and we all have had to keep on walking past the roomy hotels with money in our pockets. We are the imperfect trying to become more light and more salt.

—taken from the writings of David Crawford and Father Larry Gillick, S.J., which appear on the intern

**3 QUESTIONS AS WE BEGIN THE JOURNEY OF LENT:**

Lent begins on Wednesday, and many of us are thinking and praying about our Lenten prayers and practices. The Church calls us to prayer, fasting, and almsgiving. When seeking the Lord’s Heart for your Lent, there are a few blunt questions we can ask ourselves about our lives and souls. If you’re discerning what to do for Lent, ask yourself:

- **What needs to end?** During Lent, we may give up small comforts like treats or podcasts. But what sins or attachments need to go for good? How can we, with God’s grace, turn away from the things that keep us from Him?
- **What needs to begin?** Conversely, what good spiritual habits need to take root and bloom in our lives? Is there a devotion we have felt called to explore? The commitment to daily prayer? A regular holy hour?
- **What needs to change?** Finally, what in our lives needs to shift? These are the things that don’t necessarily need to go, but adjust to properly order our lives. Do our schedules need more space to allow for leisure? Do we need to surrender certain people or circumstances to the Lord?

—taken from the writings of Olivia Spears, which appear on the internet

