

**CLOSING PRAYER:**

**~ You Have Called Me by Name ~**

Oh, Lord my God,  
You have called me  
from the sleep of nothingness  
merely because  
in your tremendous love  
you want to make good  
and beautiful beings.

You have called me by my name  
in my mother's womb.  
You have given me breath  
and light  
and movement,  
and walked with me  
every moment of my existence.

I am amazed,  
Lord God of the universe,  
that you attend to me  
And — even more —  
cherish me.  
Create in me  
the faithfulness  
that moves you,  
and I will trust you  
and yearn for you  
all my days.  
Amen.

—Joseph Tetlow, SJ

# Our Lady Chapel



*Our Lady Chapel is a Roman Catholic community founded in the love of the Father, centered in Christ, and rooted in the Holy Cross tenets of building family and embracing diversity. We are united in our journey of faith through prayer and sacrament, and we seek growth through the wisdom of the Holy Spirit in liturgy and outreach, while responding to the needs of humanity.*

**CAMPUS MINISTRY OFFICE:**  
The Campus Ministry Office is located in **Our Lady Chapel**.  
phone: [440] 473-3560 [office] or 216-570-9276 [cell].  
e-mail: blazekj@gilmour.org

**FAITH EDUCATION:**

Our Faith Education classes meet on **Sundays from 8:45—9:45 AM**. This is followed by **Mass in Our Lady Chapel at 10 AM**. Please join us as we come together to begin our faith journey for this year by entering into prayer and worship together. If you have any questions, please contact Patty in the Chapel Office [[440-473-3560]. **Upcoming class dates: Jan 28-Feb. 4-11**. Thank you for taking care of this important responsibility.



**LENTEN NOTES:**

The season of Lent begins on **Wednesday, February 14<sup>th</sup>**. During this sacred time, each of us is called to spiritual growth — particularly through a turning away from sin. Lent is a time for “new beginnings” — a time to grow in our relationship with God and each other. There are 3 major spiritual practices during Lent to which Scripture calls us: **prayer, fasting, and almsgiving**.

**—ASH WEDNESDAY:**

Wednesday, **February 14<sup>th</sup>**. Mass schedule for **Wednesday** will be as follows:

**9:30 AM** [Lower School]

**2:00 PM** [Middle School]

**5:30 PM** [Community Mass].

**Ashes will be distributed at each of these Masses; all Masses will be in the main chapel.** Please feel free to attend any of the Masses on this day which are convenient for you.

**—LENTEN REGULATIONS:**

**Ash Wednesday** and **Good Friday** are days of **fast** for all between the ages of eighteen and fifty-nine. Fasting means that one full meal for the day is allowed, along with two light meals [snacks]. No eating between meals. Those not included in these “ages” are encouraged to take upon themselves some aspects of the fast, whenever possible.

**Ash Wednesday** and **All Fridays** during Lent are days of **abstinence** from meat, for those who are fourteen and older. Again, those not included in these “ages” are encouraged to participate whenever possible.



**READINGS FOR THE WEEK:**

- Monday:** 1 Kings 8:1-13, Mark 6:53-56
- Tuesday:** 1 Kings 8:22-30, Mark 7:1-13
- Wednesday:** 1 Kings 10:1-10, Mark 7:14-23
- Thursday:** 1 Kings 11:4-13, Mark 7:24-30
- Friday:** 1 Kings 11:29-12:19, Mark 7:31-37
- Saturday:** 1 Kings 5:12-13:34, Mark 8:1-10

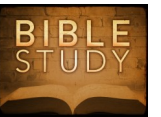
**6<sup>th</sup> Week in Ordinary Time:** Leviticus 13:1-46, 1 Corinthians 10:31-11:1, Mark 1:40-45

**INTERESTING:**

I used to believe that prayer changes things, but now I know that prayer changes us and we change 2 things.  
—Mother Teresa

**NEXT BIBLE STUDY — WEDNESDAY, FEBRUARY 7<sup>th</sup>:**

**Our next Virtual Bible Study will be on Wednesday, February 24<sup>th</sup> at 6:30 PM.** Bible Study continues to meet bi-weekly. The Bible Study is open to everyone — all middle and high school students, college students, young adults, and all adults. We will all come together to be enriched by God’s word. It’s a great time, and a good witness of our faith to others. If you can’t come at 6:30, come when you can. Gather your favorite snack and/or drink, but be prepared to be nourished on God’s word.



**Our topic: Lent as the true Valentine’s Day**

Mark your calendars and be part of this wonderful activity that will deepen your spiritual journey. **We will meet every other week — topic to be decided at the end of the previous meeting.** Join us. You’ll have a blast, and celebrate your faith along the way..

**SCHEDULE FOR THE WEEK:**

Sunday, February 4: <b>5<sup>th</sup> Week in Ordinary Time</b>	<b>10:00 AM</b> In Person & Live Stream
Monday, February 5: <b>St. Agatha</b>	<b>9:20 AM and 10:40 AM</b>
Tuesday, February 6: <b>St. Paul Miki</b>	<b>NO MASS</b>
Wednesday, February 7:	<b>NO MASS</b>
Thursday, February 8	<b>NO MASS</b>
Friday, February 9:	<b>NO MASS</b>
Saturday, February 10: <b>6<sup>th</sup> Week in Ordinary Time</b>	<b>5:00 PM</b> In Person only
Sunday, February 11: <b>6<sup>th</sup> Week in Ordinary Time</b>	<b>10:00 AM</b> In Person & Live Stream

**SERVING THE LORD IN THE POOR — FEBRUARY 17<sup>th</sup>:**

Our Savior Lutheran Church — across the street from the Chapel — has a Food Pantry which distributes food to the community on **the third Saturday of each month**. They welcome volunteers. **On Saturday morning at 9 AM, they need help unloading the trailers and setting up items for distribution and preparing for the food pantry to open. It serves around 150 clients each time. The food pantry serves clients from 9:30 AM—1:30 PM on Saturday.**



Our Savior Lutheran’s Food Pantry was formed to serve those in emergency situations and/or with on-going need in the cities of Mayfield Heights, Mayfield Village, Highland Heights and Gates Mills. The Food Pantry respects social and cultural diversity and upholds the worth and dignity of those it serves. All those in the area with need will be served equally, as supplies allow. The food pantry is a member of the Greater Cleveland Food Bank.