

Our Lady Chapel



Our Lady Chapel is a Roman Catholic community founded in the love of the Father, centered in Christ, and rooted in the Holy Cross tenets of building family and embracing diversity. We are united in our journey of faith through prayer and sacrament, and we seek growth through the wisdom of the Holy Spirit in liturgy and outreach, while responding to the needs of humanity.

LENTEN NOTES:

The season of Lent begins on Wednesday, February 18th. During this sacred time, each of us is called to spiritual growth — particularly through a turning away from sin, and living more Christ-like lives. Lent is a time for “new beginnings” — a time to grow in our relationship with God and each other. There are 3 major spiritual practices during Lent to which Scripture calls us: **prayer, fasting,** and **almsgiving.**

—ASH WEDNESDAY:

Wednesday, **February 18th,** is **Ash Wednesday.** Mass schedule for **Wednesday** will be as follows:

9:30 AM [Lower School]

2:00 PM [Middle School]

5:30 PM [Regularly Scheduled Mass].

Ashes will be distributed at each of these Masses; all Masses will be in the main chapel.

The 8 AM Mass for the Upper School is not open to the public because the chapel is filled. But please feel free to attend any of the other listed Masses on this day which are convenient for you.

—LENTEN REGULATIONS:

Ash Wednesday and Good Friday are days of fast for all between the ages of eighteen and fifty-nine. Fasting means that one full meal for the day is allowed, along with two light meals [snacks]. No eating between meals. Those not included in these “ages” are encouraged to take upon themselves some aspects of the fast, whenever possible.

Ash Wednesday and All Fridays during Lent are days of abstinence from meat, for those who are fourteen and older. Again, those not included in these “ages” are encouraged to participate whenever possible.



THE GREATEST THING:

“The greatest thing you’ll ever learn is to love and be loved in return.” These words were part of a popular song in the 1940’s. It was also the theme of many modern musicals. We can observe it in John’s writings when he defines divinity with the words: “God is love” [see 1 John 4:7]. Then there are St. Augustine words which could be misinterpreted: “Love and do what you will.” That kind of love may require a total surrender of your will to God.



What do these words have to do with living day to day? Every day we get to choose whether we mainly live our lives motivated by fear or love. While fear is a strong motivator, it leaves a lot to be desired because it can limit our freedom and can lead to an unfulfilled life. “Finally, there are three things that last, faith, hope and love, and the greatest of these is love” [see 1 Corinthians 13]. Love is what motivated God to bring forth and nourish all of creation.

“The greatest thing you’ll ever learn is to love and be loved in return.” God, help me to love the way Jesus did. Here are some questions to reflect upon:

- What is motivating you today - mainly love or fear?
- What qualities do your heroes project — mostly love or fear?
- How will people remember you — a person of love or a person who motivates by fear?

—Brother Carl Sternberg, C.S.C.

PRAYER REQUESTS:

Jesus calls us to pray for one another. Please keep all these people in your prayers.

PRAYERS FOR THE SICK:

- For Andre Polsinelli, who is undergoing treatment for Parkinson's Disease.
- For Denise Linkov, cousin of Anna Akkus, who is a civilian war prisoner, and who is ill.
- For Veronica Pauer, sister of Brother Charles Smith, C.S.C., who is under the care of hospice.
- For Jackie Rusnik, sister of Margaret Bennish, and aunt of Jakob Benish ['30], who is recovering from a stroke.
- For Dale Rusnik, brother-in-law of Margaret Bennish, and uncle of Jakob Bennish ['30], who is undergoing treatment for multiple health issues.
- For Ray Murphy, former Chief Advancement Strategy Office at Gilmour, who is recovering from cancer surgery.
- For Sharon Healey Lisinski, former Gilmour Montessori teacher, who is undergoing treatment for Thyroid Cancer.
- For What type of bird should you never take to the bank? A robin., S.N.D. and Sister Cecelia Liberatore, S.N.D., both of whom are under the care of hospice.
- For Charles Dottore, a young person, who has been diagnosed with MS
- For John Kealey ['62], father of Christine Spencer ['90], who is undergoing medical treatment.
- For Mary Bislosky, who is seriously ill.
- For Rebekah Klein, daughter of long-time teacher and coach, Jeff Klein, who is seriously ill.
- For Krishna Gupta, sister of Science teacher, Nina Goel, and aunt of Nikhil ['13] and Nuper ['17] Goel, who is undergoing treatment for cancer.
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PRAYERS FOR THE DECEASED:

- For Gloria Ann Spicer, mother of Father Kevin Spicer, C.S.C.
- For Robert Simpson, grandfather of Nathan Griffith ['27]
- For Brother John McMuldren, C.S.C.
- For Arthur Lafave, grandfather of Ursuline College Student, Annie McCarthy.
- For Father Ken Molinaro, C.S.C.
- For Sister Deborah Carlin, S.N.D.
- For Roman Delgado, a Junior at Archbishop Hoban HS.
- For Suzanne Wrobel, wife of Ed Wrobel ['62].
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PRAYERS FOR OTHERS:

- For a greater openness to the needs of others, especially during this time.
- For an end to the war between Russia and Ukraine, and the political issues in Palestine and Iran.
- For a greater respect for human life, from the moment of conception until natural death.
- For all caregivers.
- For an end to violence in our society in all its forms.
- For all service men and women, and for their families

CLOSING PRAYER:

~ A Prayer to Begin Lent ~

**God, heavenly Father,
look upon me and hear my prayer
as I prepare to begin this holy Season of Lent.
By the good works you inspire,
help me to discipline my body
so as to be renewed in spirit.**

**Without You I can do nothing.
By Your Spirit help me to know what is right
and to be eager in doing your will.
Teach me to find new life through penance.
Keep me from sin, and help me live
by your commandment of love.
God of love, bring me back to you.
Send Your Spirit to make me strong
in faith and active in good works.
May my acts of penance bring me your forgiveness,
open my heart to your love,
and prepare me for the coming feast
of the Resurrection of Jesus.**

**Lord, throughout this Lenten Season,
keep me faithful to the Gospel of Jesus.
Nourish me with the body and blood of Jesus in the Eucharist.
Make me one with you in love and prayer.**

**Father, our source of life,
I reach out with joy to grasp your hand;
let me walk more readily in your ways.
Guide me in your gentle mercy,
for left to myself I cannot do your Will.**

**Father of love, source of all blessings,
help me to pass from my old life of sin
to the new life of grace.
May I live all my days in the glory of your Kingdom.
Amen.**

CAMPUS MINISTRY OFFICE:

The Campus Ministry Office is located in **Our Lady Chapel**.
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